

# **Vicky Pestka**

## **Level 2 ASA Swimming Instructor**

I started swimming for Lowestoft swimming club at the age of 14 and swam for the club for 4yrs. During that time I competed in many galas and in one year I competed in an Inter County event at Ipswich as part of the Norfolk relay team.

I qualified as a level 1 ASA Swimming Instructor whilst at Lowestoft Swimming Club and developed my experience in teaching different ability groups of children on a regular basis. I also took part in two 24hour relay events raising money for different local charities.

I passed my Level 2 ASA Instructors qualification about a year ago and have kept up some one to one coaching lessons throughout this year. I look forward to helping as many people as possible, children or adults, in achieving their goals within swimming and I really look forward to working with everyone here at Broadland Sports Club